

ASK YOURSELF:

What’s important to me? (get below the surface on this one and write out what is really, really important to you)

What do I want my life to look like when my divorce is over?

What kind of relationship do I want with my spouse when it’s over?

What kind of relationship do I want my children to have with each of us when it’s over?

GRACEFUL DIVORCE SOLUTIONS – WHAT’S IMPORTANT TO YOU WORKSHEET

What kind of experience do I want this to be for me?

How do I want to feel as I go through my divorce?

How do I want my children to remember the experience of this divorce?
